



HOCKEY CLUB  
WINNIPEG, MANITOBA  
CANADA

**NORTH WEST STARS AA HOCKEY CLUB  
2010 CONDITIONING CAMP DATES AND TIMES BY GROUPS**

<b>DATES</b>	<b>AGE GROUPS</b>	<b>TIMES</b>
<b><u>Week # 1</u></b>		
1. Monday, August 30, 2010 2. Tuesday, August 31 3. Wednesday, September 1 4. Thursday, September 2 5. Friday, September 3	<b><u>Monday thru Friday</u></b>	
	Group A (10/11 years)	6:00 p.m.
	Group B (12/13 years)	7:15 p.m.
	Group C (14/15/16 years)	8:30 p.m.
<b><u>Week # 2</u></b>		
6. Tuesday, September 7 7. Wednesday, September 8 8. Thursday, September 9 9. Friday, September 10	<b><u>Tuesday thru Friday</u></b>	
	Group A (10/11 years)	6:00 p.m.
	Group B (12/13 years)	7:15 p.m.
	Group C (14/15/16 years)	8:30 p.m.
10. Saturday, September 11	<b><u>Saturday</u></b>	
	Group A (10/11 years)	12 noon
	Group B (12/13 years)	1:15 p.m.
	Group C (14/15/16 years)	2:30 p.m.